

Holistic Care Psychiatry

Accepted Insurance Providers

Holistic Care Psychiatry partners with a wide range of insurance providers to ensure accessible, affordable mental health care for individuals and families. Below is the full list of accepted plans, organized alphabetically for clarity.

A

- Aetna
- Allied
- Allegiance
- All Savers
- Ambetter
- Anthem
- Ascension SmartHealth

B

- BCBS Federal Employee Program (FEP)
- Blue Cross and Blue Shield
- Blue Cross and Blue Shield of Massachusetts

C

- Capital
- CareFirst
- Caredon Behavioral Health
- Centivo
- Cigna
- Create
- Curative

D

- Decent

E

- Employee Benefit Management Services (EBMS)
- Evernorth
- Evry Health
- Excellus

F

- First Health Network
- Florida Blue

G

- GEHA (through UnitedHealthcare Shared Services)

H

- Highmark
- Horizon

I

- Independence

L

- Luminare Health (formerly Trustmark)

M

- MagnaCare
- Medica
- Meritain

O

- Optum
- Oscar Health
- Oxford Health Plans

P

- Premera
- Providence Health Plan

R

- [Regence](#)

S

- [Sidecar Health](#)
- [Surest \(formerly Bind\)](#)

U

- [UnitedHealthcare \(UHC / UBH\)](#)
- [United Medical Resources \(UMR\)](#)
- [UnitedHealthcare Student Resources](#)
- [WebTPA](#)
- [Wellmark](#)

Payment Information

We accept all major credit cards — Visa, MasterCard, American Express, and Discover — as well as HSA/FSA accounts.

You are responsible only for copays, coinsurance, or deductibles not covered by your insurance plan.

There are no hidden or extra fees.